

What past cruisers are saying about their experience...

"Healthy Living -- Wellness Cruise changed my life. Our family now eats healthier and feels terrific!"

-E. Thomas, Ohio

"Fun, entertaining, educational. It was a great opportunity to have been on Healthy Living -- Wellness Cruise."

-K. Allen, Michigan

"The seminars were great. I left feeling reborn!"

-D. Williams, Michigan

"There is no way I could have missed this cruise. My sincere gratitude for a fabulous family experience."

-M. Johnson, New York

"We would have taken the cruise without the seminars and healthy food...."

-Christie Taylor

"Our sincere gratitude for an educational and informative seminar..."

-Josephine Sawyer

Our Sponsors

Vogue Travel

Manstravel

LRB & Associates

ViSalus Sciences Nu-Skin

Well Woman Clinic

Prices starting at \$859

\$250 Non-refundable Deposit Due to Confirm

For More Information and Reservations

Call:

Lesli 248-663-2266 / 800-893-8746
voguetravel@aol.com

Prices are per person, based on double occupancy and include: Accommodations, Meals, Port Charges, Taxes, Welcome Reception, Silent Auction, Workshops, A "Just 4 U Gift" and much more. Airfares, transfers, insurance and gratuities are not included.

Travel insurance is strongly recommended.

Itinerary

Cruise Line: Royal Caribbean
Ship: Explorer Of The Seas
Sail Dates: May 23—28, 2009
Departs: Cape Liberty, New Jersey

May 23	Depart Cape Liberty 5pm
May 24	At Sea
May 25	Kings Wharf, Bermuda
May 26	Kings Wharf, Bermuda
May 27	At Sea
May 28	Arrive Cape Liberty 7am



A River Runs Thru Her

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## Healthy Living Cruise

**5 Fabulous Days Cruising to Sunny Bermuda from Cape Liberty, NJ**



**Royal Caribbean Explorer of the Seas**

**May 23 - 28, 2009**

**BREAK THROUGH MESSAGES THAT WILL TRANSFORM YOUR LIFE**

## With An All Star Cast



**Lesli Robinson, ACSW, LMSW**  
CEO / LRB & Associates

Specializes in life coaching strategies. Her sense of humor and spirituality accentuate her expertise.



**Jennifer Renner-Thomas**  
Project Director

Well Woman Clinic,  
Sierra Leone, West Africa.

### Dr. Marcella Davies

Retired World Health Coordinator

Specializes in Breast Cancer Awareness



**Eileen Grammer**  
Financial Services Professional

Providing individuals, families, & businesses with life insurance and financial products.



**Tracye Robinson-Blount**  
Women's Optimal Health Advocate  
Breast Cancer Survivor

Specializing in anti-aging, cancer prevention, and overall wellness.



**Janet Mosley**  
Myomassologist

Specializes in the Ancient Art of Reflexology to help balance and promote wellness throughout the body.

## Program Overview

Our unique wellness cruise is a fund raiser for cancer research. The cruise will offer entertaining health sessions with renowned lifestyle authorities.

Enjoy presentations by experts in nutrition, physical, mental spiritual and financial fitness. Give your life, body and soul a real makeover.

- Nutrition ~ Eat To Live
- Physical Fitness ~ A Better You
- Health Insurance ~ Financial Reflections To Protect
- Stress Management ~ Reclaim Your Sanity
- Anti -Aging ~ Re-discover Your Fountain Of Youth
- Healthy Lifestyle ~ Be And Stay Cancer Free
- The Art of Reflexology

We believe that knowledge is empowering. The more we understand our bodies and the mechanisms that cause imbalances, the more committed we become to staying healthy.

So join us, have fun and acquire skills that will enhance your health and well being for the rest of your life.

Speakers/topics subject to change

|                                                                                                   |                                           |
|---------------------------------------------------------------------------------------------------|-------------------------------------------|
| Name _____                                                                                        | Name _____                                |
| Address _____                                                                                     | Address _____                             |
| City _____ St _____ Zip _____                                                                     | City _____ St _____ Zip _____             |
| Phone _____ Birth date _____                                                                      | Phone _____ Birth date _____              |
| E-mail _____                                                                                      | E-mail _____                              |
| <b>\$250 Per Person Deposit Required To Confirm</b>                                               |                                           |
| <b>Enclosed : Deposit Amount \$ _____</b>                                                         |                                           |
| <input type="checkbox"/> Inside \$859                                                             | <input type="checkbox"/> Ocean View \$989 |
| <input type="checkbox"/> Balcony \$1089                                                           |                                           |
| Interested In Trip Protection Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No |                                           |
| Signature _____                                                                                   | Signature _____                           |
| <b>Clip Coupon and Return With Check or Money Order To:</b>                                       |                                           |
| Healthy Living Cruise                                                                             |                                           |
| Vogue Travel                                                                                      |                                           |
| 20700 Civic Center Dr. Ste. 170                                                                   |                                           |
| Southfield, MI 48076                                                                              |                                           |
| Make Checks Payable To Vogue Travel.                                                              |                                           |
| There is a \$50 Fee For Returned Checks                                                           |                                           |